



**JAPAN KARATE ASSOCIATION
SHOTOKAN KARATE-DO INTERNATIONAL**

**Spring Training Camp
& Instructor Training in Montville, CT
May 2-3, 2026**

**SKDI Chief Instructor:
Takahashi Shihan, 7th Dan JKA**



Assistant Instructors:

Douglas Luft, 7th Dan - Vice chair SKDI

Robert Jacobs, 7th Dan – Executive Director SKDI

Eiji Toryu, 7th Dan – Secretary SKDI

Margaret Thomas, 6th Dan – Director SKDI

Training Rates	Under 16	WHITE BELTS	GREEN BELTS	BROWN BELTS	BLACK BELTS
CLASS	\$25	\$25	\$30	\$40	\$50
CAMP	\$60	\$60	\$75	\$100	\$120

CAMP TRAINING SCHEDULE

Saturday May 2	
Registration	10:00 – 11:00 am
Training	11:00 – 12:30 pm
Registration	2:30 – 3:00 pm
Training	3:00 – 4:30 pm
Judging Seminar & Written Exams(D)	4:30 – 5:45 pm
Dinner & Party	6:00 – 10:00 pm
Sunday May 3	
Registration	8:00 – 9:00 am
Continental Breakfast	8:00 – 9:00 am
Training	9:00 – 10:45 am
Judging practical exam (D)	10:45 – 11:15 am

Training Rates Include: Training on Saturday & Sunday

Saturday dinner for students and their family

Sunday continental breakfast

Family discount per **class**: -\$10 for 2nd family member, -\$20 for 3rd family member

Family discount per **camp**: -\$20 for 2nd family member, -\$40 for 3rd family member

Forms of payment: Cash, checks payable to JKA Montville, or Venmo

Venmo – use handle @Andrew-Bakoledis-JKA

➔ state: 1) dojo name 2) student name 3) # people going to dinner

All Classes at: Tyl Middle School, 166 Chesterfield Rd, Oakdale CT 06370

Dinner & Party @6pm at the Pavillion: 75 Oxoboxo Dam Rd, Oakdale, CT 06370

Optional Friday Activity

A) Anyone interested in small group training at JKA Montville on Friday, we will be analyzing how to improve Heian Nidan and Bassai Dai effectiveness and performance through applications.

6:30 – 7:30 Heian Nidan

7:45 – 9:00 Bassai Dai

Please reach out about visiting the dojo for either session by Sunday 4/27:
JKABakoledis@gmail.com

Class will be a semi-private setting in our small dojo, space is limited to 12 participants at each session.

[CAMP REGISTRATION \(ctrl click here\)](#) ←

–fill in your name or your students' names, or copy and email it to me please by Tuesday April 29th to: JKABakoledis@gmail.com

HOTELS - There are dozens of hotels within 10-15 miles in Norwich, Waterford, Niantic, Groton, and Mystic. Constant casino events keep rates relatively high; here are some affordable options that are 15-20 minutes away.

Comfort Suites Near Casinos - \$184

275 Otrobando Avenue, Norwich, CT 06360
860-892-9292

Sleep Inn & Suites Niantic North - \$158

5 King Arthur Dr, Niantic, CT 06357
860-451-9108

Red Roof Inn Mystic - \$83

707 Colman St, Building A, New London, CT 06320

Motel 6 Niantic, CT - New London - \$72

269 Flanders Road, East Lyme
Reservations, 860-739-6991

JKA Montville

1242 Old Colchester Rd, 1 mile from the training.

The dojo will be available for anyone who wishes to camp old school at no cost. Just bring your sleeping bag and a pillow, there will be puzzle mats to sleep on but no shower amenities. Please reach out via email to reserve your space.

Print and bring your signed release form to expedite your check-in at camp.

Thank you and we're looking forward to training together again!

-Andrew Bakoledis

Release of Liability

I understand that my participation in the JKA Spring Training Camp at Tyl Middle School in Montville CT on May 2 & 3, 2026 is at my own risk, and I agree not to hold the Japan Karate Association of Montville, The town of Montville or its employees, or the JKA or Shotokan Karate-Do International responsible or liable for any loss, injury, or accident resulting from my participation.

Read and Understood:

Date: _____

Participant Signature: _____

Parent/Guardian Signature: _____

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